



[HEADS UP to Healthcare Providers](#) is an online training developed by CDC and the American Academy of Pediatrics. The goal of the training is to provide an overview of the evidence-based recommendations outlined in the [CDC Pediatric mTBI Guideline](#) and to equip healthcare providers with practical strategies to integrate these recommendations into clinical practice.

Earn free continuing education credits through the American Academy of Pediatrics.

## Online training for youth sports coaches

The link outlined in red, will take you to the course



The training provides essential info to help coaches spot signs and symptoms of possible concussions.

CDC's [HEADS UP to Youth Sports: Online Concussion Training for Coaches](#) shares the latest guidance on concussion safety and prevention. The training provides essential information to help coaches spot signs and symptoms of possible concussions and take action.

# Your Profile Is incomplete

Your profile contains all your system settings and attributes. Please note that some fields are required, until you complete all required settings some site functionality may be limited. For your convenience each section in the profile will indicate if it is incomplete.

## Manage Groups

Account

Contact 

Address 

Organization 

Professional License Number

CDC CE Information

Professional Role 

Work Settings 

CPE information

FEMA Student ID Number

Professional Organization ID  
Number

## ? Manage Groups

### Join By Group Search \*

National/CDC

↳ HEADS UP Concussion Training



National/Virginia

↳ Nonprofit Associations

↳ NOT A MEMBER OF A LOCAL GOVERNMENT AGENCY

↳ NOT A MEMBER OF A SCHOOL OR UNIVERSITY

↳ NOT A MEMBER OF A STATE AGENCY

↳ NOT A MEMBER OF A VOLUNTEER AGENCY

↳ Not a Virginia Certified EMS Provider



 Join Another Group

### Join By Group Code

Group Code

Join

# Edit Group

CDC

## Select: Community of Practice

Group search

Academia & Research

CDC HIV Prevention

Community Health Workers (CHW)

Disease Intervention Professionals

Environmental Health

HEADS UP Concussion Training

Health Educators & Learning Professionals

Laboratory Training

Leadership & Policy

Migration Health (Private Group)

Other

Practitioners & Clinicians

Preparedness & Emergency Response

Prevention & Promotion

Preventive Medicine and Population Health

SNS Training

Students & Future Workforce

Technology & Informatics

# Your Profile Is incomplete

Your profile contains all your system settings and attributes. Please note that some fields are required, until you complete all required settings some site functionality may be limited. For your convenience each section in the profile will indicate if it is incomplete.

Manage Groups
Account
Contact
Address
<b>Organization</b> 
Professional License Number
CDC CE Information
Professional Role 
Work Settings 
CPE information
FEMA Student ID Number
Professional Organization ID Number

## Organization

(Fields marked below are required)

**Employer / Organization \***

Culpeper Soccer Club

**Department / Division \***

Recreation

**Bureau / Section**

**Title \***

Coach

- |  |                       |
|--|-----------------------|
| <input type="checkbox"/> Librarian / Information Specialist                      | <input type="radio"/> |
| <input type="checkbox"/> Licensure / Inspection / Regulatory Specialist          | <input type="radio"/> |
| <input type="checkbox"/> Medicaid Personnel                                      | <input type="radio"/> |
| <input type="checkbox"/> Medical Examiner / Coroner                              | <input type="radio"/> |
| <input type="checkbox"/> Mental and Behavioral Health Professional<br>--Select-- | <input type="radio"/> |
| <input type="checkbox"/> Nurse<br>--Select--                                     | <input type="radio"/> |
| <input type="checkbox"/> Occupational Health and Safety Personnel                | <input type="radio"/> |
| <input type="checkbox"/> Outreach / Field Worker                                 | <input type="radio"/> |
| <input type="checkbox"/> Peer Recovery Specialist                                | <input type="radio"/> |
| <input type="checkbox"/> Pharmacy Professional<br>--Select--                     | <input type="radio"/> |
| <input type="checkbox"/> Physician<br>--Select--                                 | <input type="radio"/> |
| <input type="checkbox"/> Non-Physician Clinician<br>--Select--                   | <input type="radio"/> |
| <input type="checkbox"/> Policy / Planner  | <input type="radio"/> |
| <input type="checkbox"/> Public Health Official                                  | <input type="radio"/> |
| <input type="checkbox"/> Program Specialist                                      | <input type="radio"/> |
| <input type="checkbox"/> Public Relations / Media Specialist                     | <input type="radio"/> |
| <input type="checkbox"/> Researcher / Analyst                                    | <input type="radio"/> |
| <input type="checkbox"/> Student   | <input type="radio"/> |
| <input type="checkbox"/> Teacher / Faculty                                       | <input type="radio"/> |
| <input type="checkbox"/> Volunteer   | <input type="radio"/> |
| <input type="checkbox"/> Other (specify) _____<br>_____                          | <input type="radio"/> |

# Your Profile



Your profile contains all your system settings and attributes. Please note that some fields are required, until you complete all required settings some site functionality may be limited. For your convenience each section in the profile will indicate if it is incomplete.

- Manage Groups
- Account
- Contact
- Address
- Organization
- Professional License Number
- CDC CE Information
- Professional Role
- Work Settings**
- CPE information
- FEMA Student ID Number
- Professional Organization ID Number

## Work Settings

Please select up to three (3) Work Settings that best fit your work environment. Choose Subcategories where applicable.

	Primary
<input type="checkbox"/> <b>Academic / Educational Institution</b> --Select--	<input type="radio"/>
<input type="checkbox"/> <b>Official Public Health Agencies</b> --Select--	<input type="radio"/>
<input type="checkbox"/> <b>US Military/Uniformed Services</b> --Select--	<input type="radio"/>
<input type="checkbox"/> <b>Other Government Agencies (except Military)</b>	<input type="radio"/>
<input type="checkbox"/> <b>Healthcare Services</b> --Select--	<input type="radio"/>
<input type="checkbox"/> <b>Indian Health Service</b>	<input type="radio"/>
<input type="checkbox"/> <b>Tribal Health Sites</b>	<input type="radio"/>
<input type="checkbox"/> <b>Non-Profit Organization (except Healthcare)</b>	<input type="radio"/>
<input type="checkbox"/> <b>Private Industry (except Healthcare)</b>	<input type="radio"/>
<input checked="" type="checkbox"/> <b>Other (specify)</b> Youth sports soccer club	<input checked="" type="radio"/>



## HEADS UP to Youth Sports: Online Training for Coaches

[← Back](#)


**CDC HEADS UP**  
SAFE BRAIN. STRONGER FUTURE.

[Web-based Training - Self-study](#)

ID 1089818

Skill level: Introductory

0.5h

Expiration date Oct 6, 2027 11:59 PM EDT

★★★★★ (205378)

Click the green Pre-Assessment button above to start the course.

If you are having issues creating an account, starting the course, or navigating the course, please use the [Create an Account and Info Sheet](#).

**NOTE: This training is now available in Spanish! The Spanish version of this training is available [here](#).**

**COURSE DESCRIPTION:** This training, developed by the Center for Disease Control and Prevention (CDC), is de  
[▼ Show more](#)

[Pre-Assessment](#)
[Save For Later](#)
[About](#)
[Contacts](#)
[Reviews](#)
[Resources](#)
[Discussion](#)
[Certificates](#)

### Details

#### Learning Objectives

By the end of the training, you will be prepared to:

- Describe what concussions are and how they occur. Indicate at least two short-term effects and one potential long-term effect on an athlete's physical and mental health.
- Recognize at least two signs and two symptoms of concussion you might observe during a practice or competition.
- Explain the role of youth sports coaches in determining if an athlete should be removed from the activity, and list four steps to take after a possible concussion occurs.
- List at least two ways youth sports coaches can contribute to promoting concussion safety.

### Attributes